

## **Disclaimer**

### **Nature of Relationship and Non-Prescriptive Approach:**

The coaching relationship is distinct from psychological counseling or psychotherapy. You are responsible for your own actions and decisions throughout the coaching process.

Coaching is not prescriptive. Our role is to support and guide you in making choices that align with your goals. We do not provide medical advice and decisions made are your responsibility.

Coaching is not psychotherapy, nor a medical service. It is not to be used in lieu of behavioral or mental health professional advice. Decisions in the areas of legal, medical, financial, or spiritual are exclusively yours and your responsibility.

Information on the website is not to be construed as professional advice nor medical recommendations. It is educational in nature and Map Your Path Coaching does not endorse nor guarantee any information on the site. It is always best to do your own research on any topic you are interested in.

To benefit from coaching, it is important to be in a state of well-being that allows you to be fully responsible for your well-being, choices and decisions. Coaching is always voluntary and may be discontinued at any time.